















**2011 GULF GOBBLERS MEAL DEAL**

	MEAL	SUN 15th MAY	MON 16th MAY	TUE 17th MAY	WED 18th MAY	THURS 19th MAY	FRI 20th MAY	SAT 21st MAY
Breakfast →		SERVO BREKKY	CEREAL	BEANS ON TOAST	CEREAL	BACON & EGGS	CEREAL	SAUSAGES & TOMATOE
Lunch →		HAM SANDWICH	HAM SANDWICH	FRUIT & CUSTARD	CHICKEN SANDWICH	CHICKEN SANDWICH	SAUSAGES ON BREAD	HAM SANDWICH
Dinner →		<b>PRE COOKED SPAG BOG</b>	<b>PRE COOKED CHICKEN CACCIATORE</b>	<b>PRE COOKED CARBONARA</b>	STEAK & SALAD	<b>PRE COOKED INDIAN</b>	CHICKEN ENCHILADAS	STEAK & SALAD
	MEAL	SUN 22nd MAY	MON 23rd MAY	TUE 24th MAY	WED 25th MAY	THUR 26th MAY	FRI 27th MAY	SAT 28th MAY
Breakfast →		CEREAL	BEANS ON TOAST	CEREAL	BACON & EGGS	CEREAL	SAUSAGES & TOMATOE	CEREAL
Lunch →		HAM SANDWICH	HAM SANDWICH	FRUIT & CUSTARD	CHICKEN SANDWICH	CHICKEN SANDWICH	SAUSAGES ON BREAD	HAM SANDWICH
Dinner →		<b>PRE COOKED LASANGE</b>	RISSOLES & SALAD	<b>PRE COOKED FISH CURRY</b>	STEAK & VEG	CRUMB CHICKEN & VEG	STEAK & VEG	<b>PRE COOKED LEMON CHICKEN STIR FRY</b>
	MEAL	SUN 29th MAY	MON 30th MAY	TUE 31st MAY	WED 1st JUNE	THUR 2nd JUNE	FRI 3rd JUNE	SAT 4th JUNE
Breakfast →		CEREAL	BEANS ON TOAST	CEREAL	BACON & EGGS	CEREAL	SAUSAGES & TOMATOE	CEREAL
Lunch →		HAM SANDWICH	HAM SANDWICH	FRUIT & CUSTARD	CHICKEN SANDWICH	CHICKEN SANDWICH	SAUSAGES ON BREAD	HAM SANDWICH
Dinner →		CHICKEN ENCHILADAS	<b>PRE COOKED SPAG BOG</b>	STEAK & VEG	STEAK & VEG	<b>PRE COOKED INDIAN</b>	CRUMB CHICKEN	<b>PRE COOKED CARBONARA</b>
	MEAL	SUN 5th JUNE	MON 6th JUNE	TUE 7th JUNE	WED 8th JUNE	THURS 9th JUNE	FRI 10th JUNE	SAT 11th JUNE
Breakfast →		CEREAL	BEANS ON TOAST	CEREAL	BACON & EGGS	CEREAL	SAUSAGES & TOMATOE	CEREAL
Lunch →		CHICKEN SANDWICH	CHICKEN SANDWICH	SAUSAGES ON BREAD	HAM SANDWICH	HAM SANDWICH	SAUSAGES ON BREAD	FRUIT & CUSTARD
Dinner →		CRUMB CHICKEN	<b>PRE COOKED FISH CURRY</b>	STEAK & VEG	<b>PRE COOKED LEMON CHICKEN STIR FRY</b>	CHICKEN ENCHILADAS	<b>PRE COOKED LASANGE</b>	STEAK & VEG
	MEAL	SUN 12th JUNE	MON 13th JUNE	TUE 14th JUNE				
Breakfast →		CEREAL	BEANS ON TOAST	CEREAL				
Lunch →		CHICKEN SANDWICH	CHICKEN SANDWICH	SAUSAGES ON BREAD				
Dinner →		<b>PRE COOKED CHICKEN CACCIATORE</b>	CRUMB CHICKEN	<b>PRE COOKED INDIAN</b>				



